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YOGANIDRA

50+ Tools and techniques to work on Body, Mind
and Soul For the Stress tension and Anxiety

The peace for your life

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Body Mind & Soul

100 & above Tools & Techniques for your personal , professional & spiritual benefits

Peace For Your Life !

NLP

Time Line Therapy

Hypnosis

Tarot Meditation

Lucid Dream

Mudra

Yantra Mantra Tantra

Sub Conscious Mind Music

Body Language

6th Sense

Vastu

Mind Maps

Y Tools

Y Crack

M 70



Yoganidra Audio Therapy
19 Course Track.
Scientific Music & Self Hypnotic Instruction and Commands

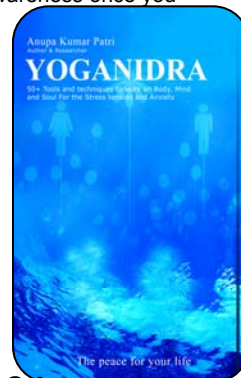
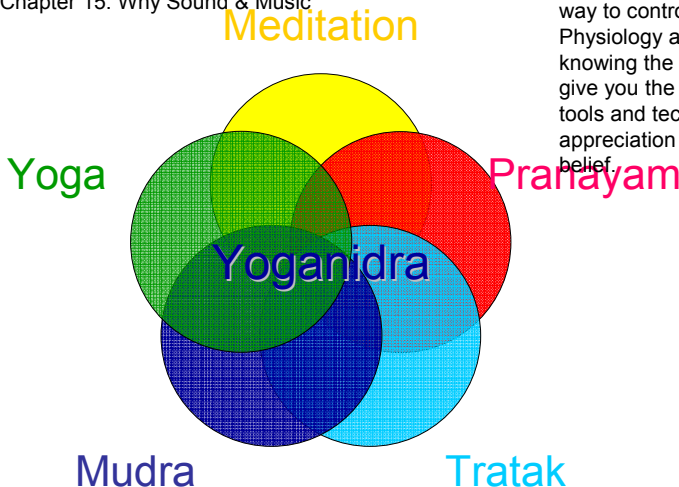
- Chapter 1: Self Evaluation Technique
- Chapter 2: Stress & Anger Management methods
- Chapter 3: No Smoking
- Chapter 4: Work Room & Study Room design
- Chapter 5: Tarot & U, what can do together?
- Chapter 6: Yoganidra™, The Master tool
- Chapter 7: Brain & Memory Development Program
- Chapter 8: Body Language, Start practice
- Chapter 9: 55 Y-Tools for you, 73 Y Cracks
- Chapter 10: NLP & Hypnotism
- Chapter 11: Dream interpretation
- Chapter 12: The Miracles u can
- Chapter 13: Develop 6th Sense
- Chapter 14: Plan Your Life Project Today
- Chapter 15: Why Sound & Music



1st Time in India ,
The occult traditional method of prediction mechanism



“Yoganidra is the method of giving freedom to Your Body Mind & Soul”. “Yoganidra is a super natural course of finding the combination of sleep (Nidra) with every portion of life “ “Yoganidra is a string of controlling & modeling Life in proper path and path towards balancing conscious and sub-conscious mind”. Hence moreover I can say:“Yoganidra is the process of combining Conscious &Subconscious mind”.“Yoganidra is the only way to control your Psychology by the help of Physiology and vice versa.”By reading and knowing the topics discussed in Yoganidra will give you the awareness, and by practicing the tools and techniques will give you a self appreciation and self awareness once you belief.



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